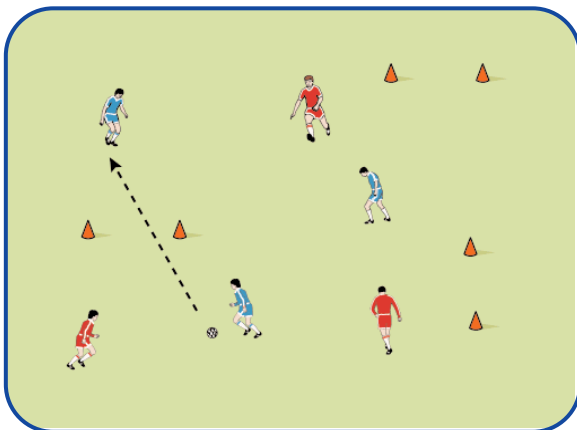


## Many Goals



## Implications for the Game

### Technical

- Dribbling
- Passing
- Receiving
- Heading and shooting all under pressure of an opponent and at match speed

### Physical

- Cardiorespiratory endurance along with all other physical demands of a match

### Tactical

- Transition
- Changing point of attack
- Support on the ball
- Releasing pressure off the ball
- Playing to teammates feet
- Receiving under pressure
- Teamwork

### Social/Psychological

- Teamwork and group identity
- Field vision

## Activity Organization:

Play on a half or full field. Using cones set up random goals approximately 5-6 yards apart throughout the field. Divide players up into groups of 5-8, with a ball in each group.

This small-sided game is played for team possession and pass completion.

The team in possession tries to score goals in the cone goals or the large goal. However, a goal in the cone goal only counts if a teammate is on the other side and cleanly receives the ball without an opponent taking or knocking it away.

Score one point for every goal scored in a small goal and two points for the large goal. You can use goalkeepers.

You may also want to try to play with more than one ball.

## Related Activities

- Balls Galore
- Four Corners
- Touch the Cones