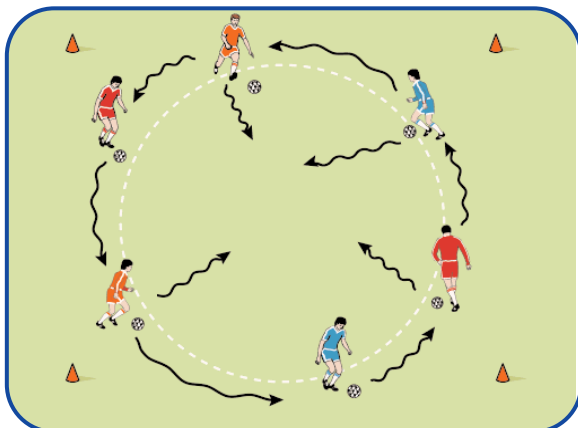


## Cross Over



## Implications for the Game

### Technical

- Dribbling
- Changing direction
- Close control

### Physical

- Balance
- Agility
- Quick reaction time

### Tactical

- Looking for space
- Reading the environment

### Social/Psychological

- Working within a group

## Activity Organization:

Players work in a circle formation, each with a ball.

Players dribble around the circle. On the coaches signal, the players attempt to cross through the circle without touching each other. If group is large, have players count off by two. When the coach calls number one or two, players quickly turn and dribble across the circle without touching other players or their soccer balls.

## Related Activities

- Everybody's It
- Pac Man
- Shadow Dribbling