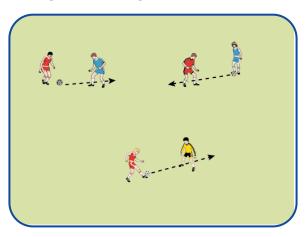


## **Bridge Passing**



## Implications for the Game

#### Technical

- Turning and passing
- Passing to a target
- Direction and accuracy

### Physical

Initiating quick turning movements

# **Activity Organization:**

Players work in pairs with one ball per pair.

The player with the ball begins by attempting to pass the ball through partner's legs who is standing with legs apart as the goal or target. The goal player does not move until the ball either goes through or passes him. At the moment the ball goes through or misses the goal, the player quickly turns and sprints after the ball. The ball is controlled, player turns and now makes a pass to the other player who is now a goal.

Players work together to see how far apart they can get and still score goals. Encourage players to run quickly and prepare the ball for the next pass to goal.

#### Tactical

No tactical concerns in this form

### Social/Psychological

Competition and cooperation between two players

### **Related Activities**

- Open and Close Gates
- Edge of the World
- Marbles

Copyright 2000 © Dr. T. Fleck, Dr. R. Quinn, and CANCoach Systems Inc.