

● Small Sided 4v4 - no goalkeepers



Implications for the Game

Technical

- All aspects of soccer

Physical

- All physical demands of the game

● Activity Organization:

The Practice Game

The final activity of every practice session should be a small-sided match randomly selected by the coach (do not pick captains to choose teams). The coach should simply divide by shirt colours, count off, or just split the group in two.

This small-sided match should ideally be a four vs four scrimmage without goalkeepers. The feedback from the coach should continue to be positive, but reduced to let children play. This is their time and their game. The coach should concentrate on observing player behaviours and to make sure that the players are safe.

The area should be adjusted to meet the needs of the players, but generally an area 25-30 yards wide and 35-40 yards in length should work.

Tactical

- Individual and small group tactics
- Organizing and reorganizing offense and defense

Social/Psychological

- Teamwork
- Communication

Related Activities

- Balls Galore
- Four Corners