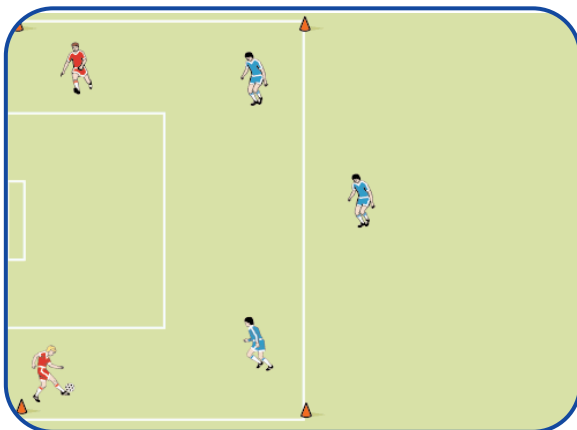


Soccer Baseball



Depending on the skill level of your group you may want them to play 3, 2, or 1 touch and/or the goal shot must cross the goal line in the air.

Implications for the Game

Technical

- For the kicker - kicking with various foot surfaces
- For the fielding team - receiving, passing, dribbling, and shooting

Physical

- For the kicker - running speed around the bases
- For the fielding team - speed of ball preparation and movement

Tactical

- For the kicker - decisions on ball placement
- For the fielding team - getting the ball to an attacker in position to shoot at goal

Social/Psychological

- Everyone receives a turn at bat each inning
- Cooperative effort by fielding team to get runner out, everyone is involved
- Promotes development of teamwork

Activity Organization:

Divide players into two teams like regular baseball. Use a baseball diamond with bases and outfield or use the penalty box with the six yard line mark on the right side of the goal as home plate. First, second and third base are the corners of the penalty box.

The game is played as a regular baseball game except with the following two rule changes:

1. Play with no outs; everyone gets a turn at bat each inning. When everyone has kicked the inning is over.
2. The fielding team tries to place the ball in the goal before the kicker crosses the goal line.

One condition may also be that all shots on goal must come from outside of the penalty box. The fielding team can dribble or pass to each other to get the ball into shooting position. If the team can complete this task before the kicker gets across home plate, they are out. If the kicker crosses first, score one run.

Play as many innings as you desire.

Related Activities

- Co-operative Kickball
- Crows and Cranes
- Bridge Passing